Triggers for Labor

- Oxytocin/pitocin
- Breaking of Amniotic Sac

Stage 1: Labor

- 12-24 hours
- First uterine contractions until cervix is 10 cm wide

Stage 2: Transitional Stage

- Crowning
- 15 minutes - 1 1/2 hours
- Vertex position
- Birth of baby
Newborn Infant

Stage 3: Expulsion of afterbirth

- 5-10 minutes
- Expulsion of Placenta and umbilical cord

Birth Complications

- C-sections
- Prematurity
- Low birthweight
Apgar Scale

- Newborn screening - 1 and 5 minutes after birth
- Score from 0 to 10 (2 points per subscale)
- 5 Subscales
  - Heart rate
  - Respiration
  - Muscle tone
  - Body color
  - Reflexes

Reflexes

- Reflexes: an inborn, automatic response to a particular form of stimulation
- Swimming
- Babinski

Moro Reflex